



Using PERFECTION game to understand focus

INTRODUCTION: Focus has a few different meanings, including:

1. Center of interest or activity.
2. State or quality of having or producing clear visual definition.

Show a clip of a busy place and ask how many of the kids saw _____. Explain that we often miss important details when we get distracted. We have to learn to focus to be able to complete our work, tasks, etc.

While a child plays the PERFECTION game, have a distraction that pulls his attention away. Explain the importance of remaining on task. Have children work in teams to see who can get the most pieces in the right place in the shortest time.

LEARNING OBJECTIVE

What students will know and be able to do by lesson's end:

- Understand how focusing for a period of time on one task leads to completion or failure of it.

KEY BACKGROUND KNOWLEDGE

- Shapes
- Clocks and how they work

MATERIALS

- Multiple PERFECTION games
- Table

KEY VOCABULARY

Focus	Interruption	Time limit
Timer	Game pieces	

STUDENT ACTIONS

- Watch clip and see if they can spot _____.
- One volunteer attempts game with distraction.
- Teams play.

GUIDED PRACTICE

Play games as teams of two-against-two for the best time with and without interruption.

EXTENSION

Challenge self to beat the best time. Use only one hand. Use your non-dominant hand.